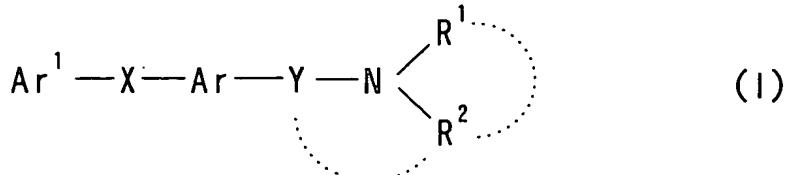


ABSTRACT

5 A melanin-concentrating hormone antagonist which comprises a compound of the formula :



wherein Ar^1 is a cyclic group which may have substituents; X is a spacer having a main chain of 1 to 6 atoms; Y is a bond or a spacer having a main chain of 1 to 6 atoms; 10Ar is a monocyclic aromatic ring which may be condensed with a 4 to 8 membered non-aromatic ring, and may have further substituents; 15R^1 and R^2 are independently hydrogen atom or a hydrocarbon group which may have substituents; R^1 and R^2 , together with the adjacent nitrogen atom, may form a nitrogen-containing hetero ring which may have substituents; R^2 may form a spiro ring together with Ar ; or R^2 , together with the adjacent nitrogen atom and Y , may form a nitrogen-containing hetero ring which may have substituents; or a salt thereof; 20 which is useful as an agent for preventing or treating obesity, etc.